

THE BEST GEAR FOR ELIMINATION COMMUNICATION

POTTIES



[Baby Bjorn Smart Potty](#) is the potty we used. It is sturdy and has a removable inner potty, which makes cleaning easy. I have fit this in my suitcase, but I would recommend the OXO Tot 2-in-1 Go Potty for travel.



[Baby Bjorn Potty Chair](#) is similar in design to the BabyBjorn Smart Potty, but has a taller back, which might be more comfortable for younger babies with less upper body control.



[Fisher Price The Perfect Potty Ring](#) is an inexpensive seat reducer that has handles and a splash guard and is easy to clean.



[The Baby Potty/Top Hat Potty](#) is perfect for newborns and infants, especially for use when nursing because so many babies pee and poop while or immediately after nursing.



[OXO Tot 2-in-1 Go Potty for Travel](#) can be brought with you to potty in or next to the car and you can use the seat reducer on public toilets. It folds up so it fits easily in a diaper bag or suitcase.



[OXO Tot 2-in-1 Go Potty Refill Bags](#) are used with the OXO Top 2-in-1 Go Potty to throw away waste. The bags are lined with absorbent pads.

MATTRESS PROTECTOR



[Pure-Rest Wool Moisture Protection Mattress Pad](#) comes in many sizes, from mini co-sleeper to king. The wool puddle pad can be topped with a towel during naps and nighttime. I prefer wool to a plastic-lined protector.

DIAPERS



[Grovia Hybrid Shells](#) are part a two-part cloth diapering system. The soaker pads snap into the shell. Prefolds can also be laid inside the shell. While you will want 15-20 soaker pads or prefolds (or in my opinion, a mix of the two), you probably only need 4-6 hybrid shells because typically they do not get soiled when baby eliminates in his diaper. The hybrid shell is adjustable for height and width so your baby will be able to use

the same shell throughout his diapering career.



[Grovia Organic Cotton Soaker Pads](#) snap into the Hybrid Shells. The five layers of organic cotton are absorbent, and they are backed with 100% water resistant polyester TPU.



[Grovia Bamboo/Organic Cotton Prefolds](#) are more absorbent than 100% cotton and remains super soft after washing. Prefolds are also more economical than soaker pads. The prefolds can be used in the hybrid shells and also in the classic EC diapering system with a diaper belt. I like to have a mix of soaker pads and prefolds in my diapering system for more flexibility in use.



[Disana Organic Merino Wool Cover](#) is water repellant and self-cleaning so it can be used for days or weeks before laundering. It is intended to be used over something absorbent. It can be used over a nighttime diapering system to prevent leaks from multiple pees. It can be used over undies or training pants, as well.



The [EC Wear diaper belt](#) is a soft piece of fabric that goes around the baby's waist to hold in a prefold. (The prefold is not included.) This works exceptionally well with EC because the prefold can be swapped out, while the diaper belt remains around baby's waist, making diaper changes must easier. This system is great at home because if your baby is not wearing pants, you can casually check if he is wet and also quickly see when he has peed.

UNDERWEAR AND TRAINING



[Tiny Undies](#) are perfect when you want something very lightweight, so as to not feel like a diaper. There is no padding in the crotch so they provide immediate feedback to the child after soiling.



[Tiny Trainers](#) have two extra layers of absorbent cotton in the core, so a small-to-mid size pee will not soak through. These are a great option for daycare or outings because they offer extra absorbency without being a diaper or pull-up.

CLOTHING

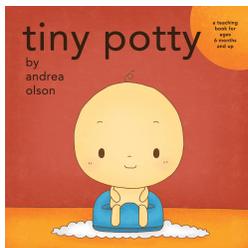


[L'il Baby Chaps](#) are perfect for use at home, especially in colder weather climates where hanging out in a diaper, pantless all day is not comfortable. A diaper can be worn under or on top of the chaps. I suggest wearing the diaper on top of the chaps because then only the diaper needs to be removed for pottying and diaper changes. The hole in the chaps is large enough for a child to sit on the potty and eliminate without soiling the chaps.

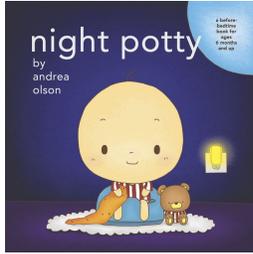


[Re-Ewes Wool Split Pants](#) are similar to L'il Baby Chaps; however, there is less of a hole and more of split, offering more modesty when going diaper free. The split pants can also be paired with a prefold as a back up. I love that they're wool, which is warm and self-cleaning when lanolized, but EC Wear also makes cotton split pants.

BOOKS



A board book, [Tiny Potty](#) explains the potty routine (the sensation, pause in play, run to the potty and return to play) from a child's point of view. Illustrations show an "ageless" child, which makes it appropriate to use with the EC'd baby.



[Night Potty](#), also a board book, offers a reminder before bedtime of how to potty in the middle of the night, again from the child's point of view.

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